

WorkWell Employment Support Services

Are you...

- Struggling to stay in work due to health issues?
- Need help returning to employment after time off for health reasons?
- Are health challenges making it difficult to find or keep a job?
- Is your working environment affecting your health?
- As a person with a disability (physical or mental) are you wondering what support is available for your work situation?
- Running your own business and finding it hard to manage with your health condition?

What is WorkWell?

WorkWell is a friendly, free and voluntary local employment support service for anyone with a disability or physical/mental health condition who needs help with health-related challenges at work.

Our experienced Work and Health coaches provide tailored advice and support to help you:

- Stay in your current job
- Return to work after absence
- Find new employment
- Maintain or return to self-employment

Who is eligible?

WorkWell is for you if you:

- Are over 16 and have the right to work
- Want to work or remain in work
- Live, work or are registered with a GP in Brent, Ealing, Hammersmith and Fulham, Harrow, Hillingdon, Hounslow, Royal Borough of Kensington and Chelsea or Westminster

How can WorkWell help you?

Our team provides personalised support, including:

- Advice on presenting yourself to possible employers
- Return-to-work plans
- In-work support strategies
- Access to local resources

- Specialist clinical support where needed (e.g. Mental Health, MSK, Occupational Health, Employment Relations)

"What set WorkWell apart was their focus on supporting people holistically rather than treating them as 'a cog in a machine'." – Kamran, WorkWell participant

How to access our service

Refer yourself directly:

- Complete our simple online form ([click here](#))
- Call: 0808 196 2386
- Email: workwellwest@shaw-trust.org.uk
- Scan the QR code from your phone



Health practitioners, Citizen Advice Bureaus, employers and job centres can also make referrals on your behalf.